



ERGONOMICS
Item number: 300804

ACTIVE FOOT SUPPORT

Dynamic footrest for active sitting



DESIGNED FOR 
DANISH STANDARDS

ACTIVE FOOT SUPPORT

Dynamic footrest for active sitting

Active Foot Support is an ergonomic footrest designed to encourage more movement during seated work. The stable platform raises the feet off the floor while allowing natural rocking movements, helping to activate the legs, ankles and feet throughout the working day.

The footrest combines height adjustment, dynamic angle movement, non-slip foot areas and integrated massage rollers. This allows the user to find a supportive position while also varying the position of the feet, which may help increase comfort and reduce fatigue during extended periods at a desk.

Dynamic movement

The freely moving platform follows the user's natural movements and allows the feet to rock forwards and backwards. This creates variation in the sitting position and may help support better circulation in the legs and feet.

Adjustable height and angle

Active Foot Support can be adapted to different users and workstations. The height can be adjusted to several levels, and the platform can be tilted, allowing the user to find a comfortable working position throughout the day.

Non-slip foot areas

The black foot areas provide a stable surface and reduce the risk of the feet slipping during use. The surface is suitable for everyday office use, both with and without shoes.

Integrated massage rollers

The central wooden rollers allow for gentle foot massage during the working day. The user can roll their feet across the rollers to stimulate the soles of the feet and create additional variation while seated.

Stable construction

The combination of a wooden platform, black metal frame and non-slip details creates a robust yet visually lightweight design that fits naturally into modern office environments.

Technical data

Product category	Ergonomic footrest
Application	Seated office work / active foot support
Platform / foot surface	W480 × D300 mm
Height adjustment	105-165 mm
Rocking function	Dynamic forward and backward movement
Maximum load	100 kg at the lowest height / 40 kg at all other heights
Materials	Wooden platform, black metal frame, non-slip surface and wooden rollers
Colour	Natural wood / black
Delivery	Ready to use
Safety	Must not be used as a standing platform or step



Custom FIT

Individual Workplace Adjustment

Your employees are different and work differently. With a Custom FIT, we review each employee's workplace with the aim of ensuring optimal working conditions for the individual.

A Custom FIT includes an ergonomic review of the employee's body position in the working situation, with special focus on the back and neck, where many experience problems. At the same time, we make measurements and observations in relation to air, light, and sound.

During the review, we primarily solve the challenges that can be handled with a better arrangement of the existing work tools. This may involve adjusting the chair, desk height, or rear-

anging items on the desk. In addition, we guide the employee on what they themselves can be aware of in relation to maintaining a good work posture.

After reviewing all employees' work situations, we compile a set of recommendations for the management with initiatives that will optimize the working conditions for each individual.

BONUS:

With all Custom FIT reviews, we provide a package with tools for light exercises throughout the work day.



WELL-BEING



ACOUSTICS



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Ergonomic Review

A review takes approximately 15-20 min. per employee.
If something can be corrected on the spot, we do it
together with the employee.